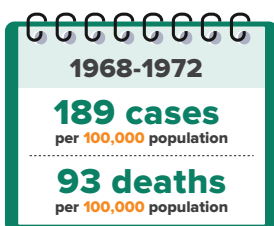


CANCER IN SINGAPORE



Age-standardised incidence rate
Age-standardised mortality rate



STATISTICS AT A GLANCE, 2018-2022

- In 2018-2022, on average, about 24 males and 24 females were diagnosed with cancer, and 9 males and 7 females died from it everyday
- Since 2008-2012, cancer incidence increased most rapidly in individuals younger than 50 years, especially in those aged 30-39 years. However, older individuals consistently comprised majority of cancer patients



MALES		FEMALES	
43,096 (24 per day)	Number of new cases	44,620 (24 per day)	
26.6% (1 in 4)	Lifetime risk* by age 75 years	25.8% (1 in 4)	
30-39 years (15.6% increase)	Age group with greatest increase in incidence rate since 2008-2012	30-39 years (20.6% increase)	
68.8 years	Median age at diagnosis	64.2 years	
16,303 (9 per day)	Number of cancer deaths	13,598 (7 per day)	
56.6%	5-year age-standardised survival rate	63.7%	



What cancers were diagnosed most often?

	Prostate	Colon & Rectum	Lung	Breast	Colon & Rectum	Lung
	#1 incident cancer	#2 incident cancer	#3 incident cancer	#1 incident cancer	#2 incident cancer	#3 incident cancer
Number of new cases	7515 (4 cases a day)	6963 (4 cases a day)	5759 (3 cases a day)	13,193 (7 cases a day)	5741 (3 cases a day)	3534 (2 cases a day)
	#5 contributor to cancer deaths	#2 contributor to cancer deaths	#1 contributor to cancer deaths	#1 contributor to cancer deaths	#2 contributor to cancer deaths	#3 contributor to cancer deaths
Number of deaths	1144 (<1 death per day)	2324 (1 death per day)	3970 (2 deaths per day)	2323 (1 death per day)	2124 (1 death per day)	2054 (1 death per day)
Lifetime risk* by age 75 years	4.8% (1 in 21)	4.4% (1 in 23)	3.4% (1 in 30)	8.3% (1 in 12)	3.0% (1 in 34)	1.9% (1 in 53)
5-year survival rate	89.2%	63.9%	21.9%	83.1%	63.3%	37.8%

Among Males

Among Females

*The lifetime risk refers to the chance a person has of being diagnosed with cancer up till 75 years of age, calculated using DevCan Software, Version 6.6.1

You can lower your risk of cancer by adopting a healthy lifestyle



Maintain a healthy & balanced diet



Engage in regular physical activity



Maintain a healthy weight status



Lead a smoke-free lifestyle



Avoid excessive alcohol consumption



Attend regular health screenings & follow-up*

*Recommendations vary by age & gender

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